



## *Consumer Alert*

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### *Distracted Driving Awareness Month*

## Insurance study: Drivers see dangers of distracted driving, but not for themselves

**BOISE, April 13, 2018** – A recent study, called the [2018 Travelers Risk Index](#), has revealed a disconnect, or gap, between what people perceive and what people actually do when it comes to distracted driving. The [study](#) focused on distracted driving and the perception of risks among drivers and passengers, and shows that drivers tend to think they are less distracted than they really are while behind the wheel.

The [Idaho Transportation Department](#) reports that distracted driving contributed to almost 1 of every 3 fatal or serious injury crashes from 2010 to 2014. Auto crashes have risen throughout the country and as a result insurance costs have gone up as well. Nationally, the average expenditure for auto insurance has climbed from \$838 in 2013 to \$889 in 2015, according to [I.I.I.](#)

While individual companies weigh rating factors differently, loss costs – payments made to treat injuries, repair damaged vehicles and property and defend insured drivers in legal actions – are typically reflected in premiums paid by consumers.

“What we’re seeing, especially with more vehicles on the road traveling for work and leisure, is a rise in crash rates, and as the cost to treat injuries and repair vehicles

increases, those crashes are having an impact on the cost of insurance,” said Kenton Brine, NW Insurance Council President.

The [2018 Travelers Risk Index](#) study revealed that 40% of drivers admitted to being distracted for 15 minutes per one hour behind the wheel. While 85% of drivers surveyed agreed that distracted driving is a major risk, nearly a quarter of them also said they drive while distracted and believe they can be safe doing so. The study also revealed that one in 10 respondents reported they were frequently distracted by technology while driving.

According to the [Washington Traffic Safety Commission](#) (WTSC), it takes a driver 27 seconds to refocus on the road after using a smartphone while driving. At 25 mph, a vehicle can travel the length of three football fields, leaving plenty of time for a tragic crash.

Texting while driving is prohibited in Idaho and 45 other states and talking on a hand-held device while operating a motor vehicle is banned in 14 states. Even with those laws in place, distracted driving – spurred by increased interaction with smartphones – has become one of the most dangerous hazards on roadways today. Legislation to broaden Idaho’s texting ban failed to pass during the 2018 legislative session.

All distractions are a reason for concern, but cell phone use while driving is the riskiest distraction for drivers. The NW Insurance Council offers the following tips to help prevent distracted driving:

### **Distracted Driving Prevention**

- Turn off your phone and put it in your glove box while you are driving to avoid the temptation of answering a call or text.
- If you’re a passenger, hold the driver’s phone.
- Don’t text or call a friend or loved one if you know they are driving.

- Add an “app” to your phone, or add a setting to your phone, to automatically reply to calls or messages telling the person by text that you are driving and will contact them when you are no longer behind the wheel.
- If using a GPS on your phone, plug in the address before you start the car and use a mounted phone holder.
- Talk to family members, especially teen drivers, about the risks of cell phone use. Model responsible behavior by not using your phone while driving.
- If you need to call or text someone while driving, ask a passenger to type the text or make the call. If you don’t have passengers, pull off the road in a safe location before using your phone.
- Don’t eat or drink while driving, and all personal grooming should be done at home and not while driving.
- Consider installing an app that can disable texting and hold calls while you’re driving.
- Ask your teen to sign a parent-teen driving contract or agreement that details the promises, rules and consequences of driving so everyone is on the same page. One example of such a contract is available on the [CDC’s website](#).

For more information about distracted driving or auto insurance, contact NW Insurance Council at 800-664-4942 or visit [www.nwinsurance.org](http://www.nwinsurance.org).

*NW Insurance Council is a nonprofit, public-education and public policy organization funded by member insurance companies serving Washington, Oregon and Idaho.*

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